



EV-S.1924

PHSCE

Policy

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EVEREST
SCHOOL

EVEREST SCHOOL





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Introduction :

The PHSCE (Personal, Social, Health, Citizenship, and Economic Education) policy aims to provide students with a comprehensive and holistic education that prepares them to be responsible, balanced individuals capable of actively and positively participating in society. This program covers a wide range of essential areas, from personal well-being to understanding social, economic, and environmental issues. Its goal is to help students develop the knowledge, skills, and values necessary to navigate daily life and prepare for an adult future where they can make informed and responsible decisions.

The PHSCE approach is integrated into the school's overall teaching, promoting the personal and collective development of students. It helps students understand their role as citizens in a diverse society and encourages them to demonstrate respect, empathy, and tolerance. It addresses important topics such as physical and mental health, personal safety, interpersonal relationships, citizenship, and economics, while ensuring that every student, regardless of their culture or background, finds a secure and inclusive learning environment.

The PHSCE program is designed to be a dynamic resource that supports the personal development of students throughout their schooling. It is essential that students are able to reflect on their own experiences and the society around them, to become responsible adults capable of contributing to the creation of a just and fair society. In this policy, we are committed to providing an environment where students are respected, listened to, and prepared to face the challenges of the modern world.

1. Objectives of the PHSCE Policy

The educational objectives and values of the school are fully aligned with the implementation of Personal, Social, Health, Citizenship, and Economic Education (PHSCE). The institution actively strives to promote mutual respect, adhering to the requirements of Moroccan legislation while giving particular attention to protected characteristics, including age, disability, marital status, and religious beliefs.

The primary aim of the PHSCE policy is to offer a holistic education that supports students in their personal, social, intellectual, and moral development. This approach includes:

- **Acquiring contextual knowledge:** Students learn relevant information and apply this knowledge in real-life situations.
- **Applying practical skills:** Students learn to make informed and responsible decisions, particularly regarding health, safety, and well-being.
- **Developing values and attitudes:** Promoting values such as responsibility, respect, empathy, and tolerance.
- **Engagement with the community:** Students are encouraged to actively and positively participate in school and community life.
- **Reflecting on experiences:** Encouraging students to reflect on their personal and collective experiences, learn from them, and improve their behavior.

2. Approach and Methodology

The teaching of PHSCE is based on a student-centered approach that encourages active learning, discussion, and reflection. Here are some key aspects of the method:



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- **Active Learning:** Students actively participate in their learning through discussions, projects, and real-life simulations.
- **Differentiated Teaching:** Teaching is tailored to meet the individual needs of students, considering their age, level, and cultural background. Students who speak English as a second language receive specific support.
- **Classroom Rules and Distancing Techniques:** These methods are used to address sensitive topics in a respectful and safe manner.
- **Updated Resources:** Educational materials are regularly reviewed to ensure they remain relevant and effective.

3. PHSCE Curriculum Content

The school integrates PHSCE themes at dedicated times, while enhancing them through other areas of the curriculum, such as assemblies and extracurricular activities.

A weekly 40-minute session is exclusively allocated for the teaching of PHSCE-related content.

The curriculum explores a variety of themes that are adapted to different stages of students' education, integrating these topics across lessons, assemblies, extracurricular projects, and community initiatives.

Key themes include:

- Time management and organization
- Mental and physical health
- Friendships and interpersonal relationships
- Personal safety and first aid
- Careers and vocational guidance
- Stereotypes, discrimination, and prejudice
- Bullying and cyberbullying prevention
- Financial education and resource management
- Drug and alcohol use
- Online safety (e-safety)
- Citizenship and social values

4. Differentiation and Adaptation

Students are organized into heterogeneous groups, where the diversity of abilities and levels of understanding is taken into account. The PHSCE program is specifically designed to meet the needs of each student, including those with special educational needs. The school ensures that all students, including those with learning difficulties, fully participate in lessons and benefit from individualized support. Differentiation and pedagogical adaptation focus on assigned tasks and intended outcomes, relying on strategies outlined in personalized support plans developed by the Learning Support Department.



5. Equal Opportunities

The teaching staff adopts an inclusive approach, valuing the needs of all students without discrimination. Teaching is adapted to the abilities, maturity, and cultural backgrounds of the students, including those for whom English is a second language, to ensure equal access to the PHSCE program.

This program supports equal opportunities, in accordance with the Equality Act of 2010, and aims to deconstruct stereotypes while celebrating diversity. Students are encouraged to respect differences and adopt inclusive attitudes in their interactions.

6. Sensitivity and Confidentiality

Confidentiality is of particular importance due to the sensitivity of many topics covered within the PHSCE program. Any disclosure suggesting that a student is in danger must be immediately reported to the designated safeguarding lead or deputy, in line with the school's safeguarding policy.

Teachers cannot guarantee absolute confidentiality to students and are required to share information in accordance with established guidelines. The school ensures that strict confidentiality rules are followed and that teachers, trained to handle sensitive situations, are able to report any issues affecting the safety or well-being of students.

7. Collaboration with Parents and the Community

The school encourages parental involvement in the PHSCE program. This includes:

- Information meetings to explain the program and address parents' concerns.
- Multicultural events and community activities to strengthen inclusion and promote values of tolerance and respect.

8. Staff Training

All teachers responsible for the PHSCE program receive regular training, including on how to manage sensitive topics. This training ensures that teachers are confident and competent in teaching these important subjects. External speakers, specialists in various fields, may also be invited to enrich the program.

9. Evaluation and Monitoring

Formative assessment focuses on student engagement and their ability to reflect on their actions and choices. Immediate and constructive feedback is provided throughout the lessons. Behavioral issues or specific incidents are addressed in accordance with the school's behavior policy and sanctions.

Conclusion

The school's PHSCE policy aims to support students in their overall development by providing the tools necessary for them to become responsible, balanced, and active adults in their community. Through a dynamic and inclusive curriculum, the school strives to integrate core British values while respecting and celebrating the diverse cultural backgrounds of its students.