



**EV-S.0526**

**Intimate Care  
Policy**

March 2026

**EVEREST  
SCHOOL**

**EVEREST SCHOOL**





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## 1. Policy Statement

Everest International School recognises that pupils may occasionally require support with personal care. The school is committed to ensuring that any assistance with intimate care is carried out with sensitivity, dignity and respect.

All procedures will prioritise the wellbeing, safeguarding and independence of pupils while ensuring the safety and protection of staff.

## 2. Purpose of the Policy

The purpose of this policy is to provide clear guidance to staff regarding procedures for supporting pupils who require assistance with personal care.

The policy ensures that pupils are treated with dignity and that all staff follow safeguarding procedures when supporting pupils with intimate care.

## 3. Scope

This policy applies to all staff working with pupils across Early Years and Primary phases.

It covers situations where pupils require support with toileting, personal hygiene or other intimate care needs while at school.

## 4. Principles of Intimate Care

All intimate care procedures at Everest International School follow these key principles:

- Respect for pupil dignity and privacy
- Promotion of pupil independence where possible
- Clear safeguarding procedures
- Respectful communication with pupils and parents
- Appropriate training and support for staff

## 5. Foundation Stage Procedures

While pupils are expected to be toilet trained before starting school, the school recognises that young children may occasionally require support. Early Years staff will work closely with parents to support pupils in developing independence in toileting skills.

Teachers will communicate with parents if accidents occur regularly so that consistent support strategies can be implemented.



### **6. Primary (Key Stage) Procedures**

If a Primary pupil has a toileting accident, staff will support the pupil discreetly and respectfully. Where appropriate, pupils may be accompanied to the school clinic and assisted by an assistant with a staff member present.

All procedures will ensure that the pupil's dignity is maintained.

### **7. Definition of Toilet Training**

Pupils are expected to manage their own toileting needs independently before starting school. This includes:

- Informing an adult when they need to use the toilet
- Removing clothing required to use the toilet
- Cleaning themselves appropriately
- Replacing clothing
- Washing and drying hands thoroughly

### **8. Managing Accidents**

If an accident occurs:

- The pupil will be assisted by a familiar member of staff
- Disposable gloves and hygiene equipment will be used
- Where possible, two adults will be present
- Clean clothing will be provided if necessary
- Soiled clothing will be sealed and sent home with the pupil

If two accidents occur in one day, parents may be contacted to collect the pupil.

### **9. Students with Additional Needs**

Some pupils with medical or developmental needs may require ongoing support with intimate care. Parents must inform the school during the admissions process if such support is required. Individual care plans will be developed to ensure that pupils receive appropriate support while maintaining independence and dignity.

### **10. Learning Support Assistants**

Where a pupil has an assigned Learning Support Assistant (LSA), this member of staff will normally support the pupil's intimate care needs. Where necessary, additional trained staff may assist to ensure safe and appropriate care.



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### 11. Training and Specialist Support

All staff supporting intimate care must receive appropriate safeguarding training.

Where specialised support is required, advice from healthcare professionals such as occupational therapists or physiotherapists may be sought.

### 12. Safeguarding and Child Protection

This policy must be read in conjunction with the school's Safeguarding and Child Protection Policy.

If staff observe marks, bruising or signs of discomfort during intimate care, they must report concerns immediately to the Designated Safeguarding Lead.

All safeguarding procedures will then be followed.

### 13. Partnership with Parents

The school works closely with parents to support pupils requiring intimate care.

Parents will be informed of any concerns and will be involved in the development and review of intimate care plans.

### 14. Roles and Responsibilities

The Headteacher has overall responsibility for ensuring the implementation of this policy.

The Designated Safeguarding Lead ensures that procedures align with safeguarding protocols.

Staff must follow the procedures outlined in this policy and report any concerns appropriately.

Reviewed by	Date of Review	Signature
Rachel Lloyd Headteacher	09/03/2026	
Reviewed by Governing Body	09/03/2026	